

Have you fully completed the Casting Your Vision exercise?

YES | NO

Do you have a clear understanding of where you want to be in 10 years, professionally and personally?

YES | NO

Have you written your goals down on paper?

YES | NO

Are your objectives focused on outcomes as opposed to activity?

YES | NO

Have you shared your goals with your cohort + productivity coach/ team leader?

YES | NO

Have you assigned a deadline to each goal?

YES | NO

Are your goals clear + measurable?

YES | NO

Have you adequately time blocked focus time for your top four objectives?

YES | NO

Do you clearly understand how your progress will be shared and how you will hold themselves accountable?


YES | NO

Have you agreed to a set cadence for when you will assess and reflect on their progress?

YES | NO

Are you committed to executing you business plan?

YES | NO



The biggest, scariest, most impossible-seeming accomplishments start with a simple commitment to do them.

— Will Guidara